



DECEMBER 2025

library.nashville.org/readtorise



READ to RISE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 Put a sugar cube in hot water. What happens? Does it do the same in cold water?	3 Prepare your kids for what is coming next in the day by talking about it. This helps them understand how to tell a story!	4 Shake, rattle and roll to the music.	5 Pause to let your toddler finish a repeated phrase or chant a refrain.	6 Make a necklace out of dry cereal and hang it outside for the birds.
7 Jump to the ABCs. It's a great way to reinforce all the letters.	8 Find things around your house shaped like a circle.	9 Smell all the spices in your kitchen. Which one is your favorite?	10 Talk about the sounds you hear all around. What or who made it?	11 Sing a favorite holiday song together.	12 Read a book about a pet.	13 Practice writing the letter D for December. What other words start with D?
14 Pretend to be a siren. Make your voice high and low, loud and soft.	15 Sort small toys or other items according to color.	16 Take a nature walk and observe the plant and animal life. Talk about the signs of winter.	17 Share your favorite memory of 2025 as a family.	18 Sing a favorite song from story time.	19 Read a book about snow.	20 Practice using scissors on the junk mail or scrap paper.
21 Pretend you are a penguin. How would you move? Where would you go?	22 Take a look out the window and count the cars driving past.	23 Have fun with gravity! What item falls faster when dropped to the floor?	24 Talk to your child about your holiday traditions when you were a child.	25 Sing Head, Shoulders, Knees, and Toes.	26 Read Polar Bear, Polar Bear, What Do You Hear? by Bill Martin, Jr.	27 Have fun scrunching up any holiday wrapping paper when you are done with it.
28 Pretend to be a snowflake. How do you fall from the sky to the ground?	29 When preparing and sharing food, narrate what's happening - "two for me and two for you."	30 Show your child and talk about the difference between cooked and uncooked foods like toast.				 615-862-5750