



JANUARY 2025

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READ to RISE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 615-862-5750		1 Happy New Year! Talk about something new you and your child will do this year.	2 Clap, tap a drum, or sing your child's name to help introduce them to syllables!	3 Start the New Year right by being a reading role model. Let your child see you reading!	4 In the morning, create a to-do list for the day and write it down. Let your child write one, too.
5 Build a blanket tent in the living room and play "camping."	6 Count the number of buttons on a shirt or coat.	7 Fill a small water bottle 1/3 of the way with water and color it. Add vegetable oil to fill. Ocean in a bottle!	8 Talk about opposites like up and down, on and off.	9 Sing Twinkle, Twinkle while pointing out the stars.	10 Instead of just reading, point to the pictures and talk about what is happening in them.	11 Practice using scissors on the junk mail or play-doh.
12 Encourage your child to lead their own story time at home.	13 Work a puzzle together.	14 Look at animal pictures together and make the sounds of each. Turn it into a guessing game.	15 Talk about today's weather and what you should wear outside.	16 Make songs a ritual by singing them at the same time or event every day.	17 Read a book about snow.	18 Draw a picture of a snowman.
19 How high can you jump? Can you reach your grownup's shoulder?	20 Find objects around the house and compare their size. Which item is smaller or larger?	21 Make observations about the weather. Can you predict what it will be tomorrow?	22 What rhymes with the word blue?	23 Sing or listen to your favorite music and dance together.	24 Re-read your child's favorite books and let them finish well known sentences.	25 Talk about the first letter of your child's name and then practice writing it.
26 Pretend to be your favorite animal.	27 Listen to the song "Zoom to the Moon," then practice counting down from 5 to 1 and prepare to blast off!	28 Use scraps of wood or cardboard to make ramps for small cars or balls to roll down.	29 Wiggle and giggle then stand up or sit down! Talk about how you're moving.	30 Sing Head, Shoulders, Knees, and Toes.	31 Visit the library and check out a book.	